



# ROXETH MEAD NEWSLETTER

*In Discendo Gaudium – Joy of Learning*

Academic Year 2022-23

October 2022

## In This Issue:

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## From The Co-Headteachers

Welcome to the new academic year and to our many new families that have joined us this term. You will have received commentary and photos of your child throughout the recent weeks via the EY Log, but our half termly newsletter captures the news from each class so we can give parents a flavour of our wonderful Roxeth Mead Community.



What a wonderful first half term it has been, with all of the children settling beautifully into their new classes. It has been a delight to see so many examples of excellent learning, whether that is learning to crawl in the Baby Room, learning a new song in Pre-School, or learning correct letter formation in our Nursery Class, every day is a hive of activity and fun. We have also seen superb social skills developing such as sharing, taking turns, listening and good sitting. The topics of 'Me and My Family', 'My Body (including Senses and Emotions)' and 'People Who Help Us' have given us some wonderful opportunities for fun activities. We hope you like the photos included in this newsletter showing our children enjoying these topics.



We were pleased to be able to reintroduce Yoga this year that we are running as a lunchtime club on a Tuesday. Here we see the pupils enjoying a session with the teacher Miss Aga. There are a few remaining spaces if you would like your child to join.

The Roxeth Curriculum is designed to encourage our children to be successful learners, and confident individuals. Our aim is that ROXETH runs through every lesson, experience and activity, as follows:

**R**espect – activities rooted in respect of others and our surroundings

**O**pportunity – activities that are ambitious and create memorable moments

**E**Xcellence – in all that we do

**E**ngaging activities that create enthusiasm and a joy of learning that will last life long

**T**ransferable Skills – that can be applied in a range of contexts

**H**umour – activities that enable fun and laughter (after all, we all learn best when we are having fun!)

If you wish to find out more about our curriculum, please refer to our website at <https://roxethmead.com/curriculum/>

We wish you a restful half term and look forward to seeing you again on October 31<sup>st</sup>.

Mrs Goodwin & Mrs Mackintosh

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0208 422 2092  
info@roxethmead.com  
www.roxethmead.com

## Baby & Toddler Room News

Firstly, a very warm welcome to all the new babies who have settled in really well and are coping superbly with the new transition. What an exciting half term we have had exploring our topics of 'Me and My Family' and 'My Body'. We have been engaging in lots of different activities, including, looking at our family photos to recognise our family members. We created a house using pre-cut shapes to stick on. We have been singing lots of nursery rhymes in relation to our body and have also been using our bodies in different ways during adult led activities. We are getting very good at crawling through the tunnel and have also been exploring paint, feeling the different texture and making hand and footprints. The photos here give you a flavour of all the fun we have had. I wish you a lovely half term break and a Happy Diwali to those that will be celebrating it.

Mrs Sheikh, Mrs Christine and Miss Gohil





## News From The Lower Pre-School Room

A very warm welcome to you all who are new to the class and Roxeth Mead School. It has been a pleasure to get to know you and your children, and it is rewarding to see the children settle so well and make the transition from home to school happily. Without exception (as you can see from the photos we send) the children have participated in many fun activities and are beginning to enjoy being part of a group.

Much of this half term has involved settling the children. We are extremely fortunate at Roxeth Mead to be so well staffed both in number of staff to children, and our quality of staff. This means if a child needs more attention we are able to provide support until the child grows in confidence.

It has been rewarding to see all the children now sit for short stories and begin to respond to the pictures or text in a book and we have enjoyed many stories and already have some firm favourites!



Dancing and singing have proved popular, as well as outdoor play in our beautiful garden, but the parachute has caused most joy. We have seen the children run under it, move it up and down and shout with delight! We have painted, stuck, played and enjoyed life in our lovely school and it has been delightful to see the children begin to play together and form some friendships. We look forward to seeing the children continue to flourish after the half term break. Mrs L O'Neill, Mrs K Azar, Miss Hayes and Mrs Pallavi









## News From The Upper Pre-School Room

What a wonderful start to the Autumn Term. The children have settled beautifully into the Upper Pre-School Class and walk in to school happily every day. Our topics this half term have been All About Me, My Family, My Body, The Five Senses and People Who Help Us.

The children engaged in many topic related activities such as handprints and self-portraits. They developed their vocabulary by learning the parts of the body and matching pictures of the body onto a body template. The children have taken part in music and movement and have loved "Heads, Shoulders, Knees and Toes" and "If You're Happy and You Know It". Perhaps you can sing these songs with them at home? The children were shown emotion cards in Circle Time and have been learning to show different emotions on their faces. During the topic on the senses, the children had the opportunity to taste a variety of different foods to see if they could describe the tastes of sweet and sour. For touch, we stuck a variety of textures onto a hand and tried to describe how it felt, including soft or hard. Finally, during our topic on People Who Help Us, the children acted out roles of doctors, vets and police officers in the home corner. We talked about how these people help us and keep us safe.

Our Circle Time sessions are always fun as the children love the interactive puppet shows and the songs with props.

Wishing you an enjoyable half term break. Mrs Afsari and Mrs Turei







## News From The Nursery and Reception Room

The new term in Nursery and Reception Class has got off to a flying start. The children have settled in very well and are becoming familiar with their new routine. They are learning to be more independent and taking part in all the activities with great enthusiasm. In our Literacy lessons the children have been learning sounds through the Read Write Inc. scheme, working on their pencil control, listening to stories, sharing their news and learning new vocabulary.

In our Maths lessons the children have been working on number recognition, counting, 2D & 3D shapes, length and capacity through practical activities. Our first topic was 'Me & My Family' and the children made self-portraits. They learnt to colour with chalk and blend the colours. They talked about their family and brought in pictures for our display board. They drew pictures of their family members and stuck them in folded paper houses. They used shapes to make a picture of themselves.

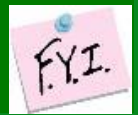
For our next topic 'My Body' the children learnt to name the different parts of their body and talked about their senses and emotions. They learnt about the importance of keeping their body healthy through exercise and healthy food. Our weekly cookery lessons have been a great success and the children's excitement and enthusiasm has been a joy to watch. In our PE lessons the children have been practising their movement and balancing skills. The children have enjoyed all the topic related art & craft activities and have worked hard to do their best. This has been a great start to the first half of the Autumn term.

Mrs Kalsi & Mrs Ghatora.









## Topics for Next Half Term:

Our World	Autumn incl. Celebrations	Week Beginning	
		31 <sup>st</sup> October	Guy Fawkes 5 <sup>th</sup>
Babies - Sensory Week	2+ - Transport & Road Safety	7 <sup>th</sup> November	Remembrance 11 <sup>th</sup> & Diwali 12 <sup>th</sup>
		14 <sup>th</sup> November	Road Safety Week
Art Week (Xmas Cards) Christmas		21 <sup>st</sup> November	
		28 <sup>th</sup> November	
		5 <sup>th</sup> December	Pantomime 6 <sup>th</sup> & Party 9 <sup>th</sup>
		12 <sup>th</sup> December	13 <sup>th</sup> - Nativity at Christ Church End of term- Tuesday 13 <sup>th</sup>

## Photographs

We have arranged for a photographer to visit on the morning of Tuesday 8<sup>th</sup> November to take photos of the children. There is absolutely no obligation to buy the photos, but if you are looking for a Christmas present for extended family members, this might do the trick. You can send your child in a party or Christmas outfit if you wish or school uniform is fine. If your child does not normally attend on a Tuesday you may bring them in just for their photo.

SHEENA SABHARWAL

— Photography —



Roxeth Mead PTA

Now COVID-19 is under control, we hope to resume the work of the PTA. Do you have a spare hour or two that you could devote to this? We hope Our first event is a tea & cake event after the Nativity at Christ's Church on the morning of 13<sup>th</sup> December. Please email [info@roxethmead.com](mailto:info@roxethmead.com) if you can help. Thank

you!

## Christmas Arrangements

### Post Box

Our Christmas Post Box will be in the school entrance hall for children to post cards to each other, should they wish. This will be there from Monday 5<sup>th</sup> December. Please ensure the name and class is clearly written on the envelope.



### Pantomime –Tuesday 6<sup>th</sup> December

Our special even this term is a pantomime "Aladdin". We are pleased to announce that the company 'Panto in a Day' will be visiting on the morning of Tuesday 6<sup>th</sup> December to perform to our pupils.

### Christmas Party – Friday 9<sup>th</sup> December

We will have a Christmas Party for the children on the morning of Friday 9<sup>th</sup> December. Uniform is NOT required on this day, the children may wear a Christmas jumper or party clothes to mark this special day if they wish.



### Nativity – 13<sup>th</sup> December ALL PUPILS TO ATTEND

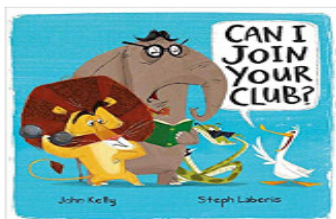
The children will be performing a Nativity on the last day of term, Tuesday 13<sup>th</sup> December. Parents and other family members are invited to join us at Christ's Church, Roxeth Hill (opposite Roxeth Primary School) to watch this. Children should be taken directly to Christ's Church for 9.30am and come dressed in their costume. They will not need book bags or lunch on this day, only a light snack and water bottle. Please drop your children off at 9.30 and then return at 10.45am ready for the performance to begin at 11.00am. There will be refreshments available afterwards at the Church, we hope to be kindly organised by the PTA. Children should be taken home straight from the Church.

If your child does not normally attend on the day of the Pantomime or Party, they may attend for these mornings if you wish, so they do not miss out. Please let the class teacher know.



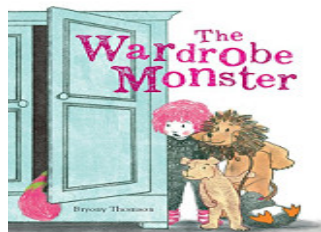
## Words for Life (National Literacy Foundation)

To mark World Mental Health Day on 10<sup>th</sup> October and with the issue of children's happiness and mental health so pertinent, The National Literacy Foundation have a list of books to help children feel happier and more confident. We recommend these from the list:



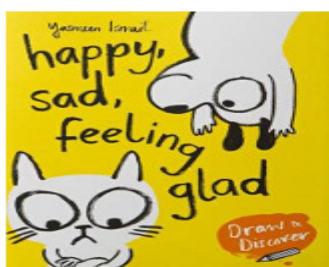
**Can I Join Your Club?**  
By John Kelly and Steph Laberis

A heart-warming story which celebrates the importance of diversity and friendship. Perfect for little ones who are learning to make friends at a new school or nursery.



**The Wardrobe Monster**  
By Bryony Thomson

A wonderful reassuring story for children who might imagine monsters in their bedroom at night time. What's that knocking sound coming from the wardrobe? Every night, it makes Dora and her toy friends afraid to go to bed and every morning they are grumpy through lack of sleep. Eventually, they summon up the courage to face their fear together and open the wardrobe door to find it's not as bad as they thought.



**Happy, Sad, Feeling Glad**  
By Yasmin Ismail

An endearing and engaging look at emotions and how different situations cause different feelings. What has made Dog happy? Do you know what Cat is scared of? And why is Donkey so excited? A range of fun art activities encourages young readers to explore their feelings and express themselves with drawings, doodles and decorations.

## Online Safety - Family Link App

If you have older children, this app may be useful to families who would like to know more about their child's online activities. Family Link is a free app that works on Android and iOS devices to allow parents to keep track of their child's digital activity. This app allows you to view their activity, showing you how much time they are spending on their favourite apps. You can receive notifications allowing you to approve, hide or block apps as well as allowing you to manage in-app purchases on their device. The app allows you to set limits on their screen time and enables you to remotely lock their device when a break is needed. You can also see where they are by viewing their location. This app is free to download and if you would like more information, please visit <https://www.internetmatters.org> and search for family link app.



## Healthy Packed Lunches

I know it can sometimes be difficult to satisfy children's taste buds, particularly if they are fussy eaters. However, pupils need a full stomach in order to concentrate and be active during the school day. We are a healthy school and aim to teach pupils to make choices which are beneficial to them. Please do not put chocolate bars, crisps or sweets in the lunchbox, nor provide jam or chocolate spread sandwiches.

For more information on healthy packed lunches go to: <http://www.nhs.uk/Change4Life/Pages/healthy-lunchbox-picnic.aspx>. Please ensure your child's lunch box is clearly named.

## Digital Magazines for Families

Read the North West London Families Magazine Autumn Issue here

[https://issuu.com/familiesonline/docs/nwlondon\\_9bb7df00a98330?fr=sNTkzZTUzNTQ3Nzl](https://issuu.com/familiesonline/docs/nwlondon_9bb7df00a98330?fr=sNTkzZTUzNTQ3Nzl)

A reminder that we offer breakfast 8.00 - 8.30am  
and after school care until 5pm daily if you need it. Just ask!



# Family Wellness

With Catherine, Well mother therapist and birth and parenting educator  
New 4 week course , Wednesdays 1.15-2.45pm Starting on 2,9,15,& 22 November 2022

At Stanmore Park Delivery Site, William Drive, Stanmore HA7 4FZ



Join me to enjoy a wonderful Family Centred Session. Gentle stretch, breathe and relax for the parents, chance to chat about parenting topics, and finishing with a lovely baby massage.

Babies from 6 weeks to 1 year. Prepare with a towel, changing mat, oil/cream and some warm clothes.

Quotes from parents who previously attended:  
"I now recognise what I'm going through is common"  
"learning about body image and the connection to our baby was really eye opening"  
"It feels like a safe space to express how I feel"



Supporting baby's healthy brain development with "5 to Thrive"

## Respond Cuddle Relax Play Talk

Book by contacting the centre on 020 8736 6480 or emailing [earlysupporthub@harrow.gov.uk](mailto:earlysupporthub@harrow.gov.uk)

**Early Support**  
Small Steps - Lasting Change

**LEARN** :  
HARROW.....



# Being Parents



New 4 week course on Tuesdays 10 – 11.30am, starting 29 November, 6, 13, and 20 December 2022  
Hillview Children's Centre, 2 Grange Road, South Harrow, HA2 0LW

Come and join our wonderful workshops exploring how to create a family home that works for everyone.

For parents with babies and toddlers

- Week 1 : The world through our children's eyes
- Week 2: Relationships with yourself and others. Balancing everyone's needs
- Week 3: Child development and how we can support it.
- Week 4: Learning through play. Terrific 2s. How to embrace the challenges of toddlerhood.

**LEARN** :  
HARROW.....

Book by contacting the centre on 020 8422 4692

**Early Support**  
Small Steps - Lasting Change



## Puppetry workshop (5 – 9 year olds) Sorry, no younger siblings

**MAKE YOUR PUPPET & PERFORM**

**When:** Tuesday 25 October & Friday 28 October  
2022 – this is a 2-session course

**Time:** 1.30 - 3.30pm

**Venue :** Cedars Children's Centre, Whittlesea Road, HA3 6LS

**Early Support**  
Small Steps - Lasting Change

**Harrow Council**

### How to enrol?

Visit our website [www.learnharrow.ac.uk](http://www.learnharrow.ac.uk) & click 'Courses', find courses and complete the enrolment form

Email : [learnharrow@harrow.gov.uk](mailto:learnharrow@harrow.gov.uk)

020 8204 3567

BUILDING A BETTER  
**HARROW**

**LEARN**  
HARROW.....



# Better Health



Better Health have a wealth of resources to support families and children. Do have a look at their tips and resources and sign post them to your parents too. Love these activities based on well known characters!

<https://www.nhs.uk/healthier-families/activities/10-minute-shake-up/>



[Find a Frozen adventure](#)



[Pick a Lightyear game for any crew](#)



[Meet Encanto's magical Madrigals](#)



## DATES FOR YOUR DIARY



### OCTOBER

Monday 17 <sup>th</sup>		Half Term Begins (2 weeks). Holiday Club available 8am to 4pm daily
Monday 31 <sup>st</sup>		Return to school following half term

### NOVEMBER

Tuesday 8 <sup>th</sup>	a.m.	School Photos. Pupils can wear uniform OR Christmas dress for the photos.
Monday 21 <sup>st</sup>		Reports issued to parents. Please arrange a time with the class teacher for a face to face meeting if you wish to discuss the report.

### DECEMBER

Monday 5 <sup>th</sup>		Christmas post box in entrance hall. Please ensure the name and class is clearly written on the envelope.
Tuesday 6 <sup>th</sup>	a.m	Pantomime – Aladdin at school. Children who do not normally attend on a Tuesdays may come in for 9.30am
Friday 9 <sup>th</sup>	10am	Christmas Party. Pupils may wear party clothes or a Christmas jumper. Children who do not normally attend on a Friday may come in for 10am and be picked up at 11.45am
Tuesday 13 <sup>th</sup>	10.45am	Nativity at Christ Church. All pupils to attend. Meet at the Church at 9.30am in costume. Coffee and cake afterwards at the church.
Tuesday 13 <sup>th</sup>	Noon	Break up for Christmas
Wednesday 14 <sup>th</sup> - Friday 16 <sup>th</sup>	8 – 4pm.	Holiday Club available

### JANUARY 2023

Tuesday 3 <sup>rd</sup> & Wednesday 4 <sup>th</sup>		School closed for Staff Training
Thursday 5 <sup>th</sup>		Children back for new term

### FEBRUARY

Mon 13 <sup>th</sup> - Friday 17 <sup>th</sup>		Half Term - Holiday Club available
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### MARCH

Friday 24 <sup>th</sup>	12 noon	Break up for Easter - Holiday Club available
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### APRIL

Tuesday 18 <sup>th</sup>		Deadline for giving written notice if your child is leaving in July
Tuesday 18 <sup>th</sup>		Staff Training Day



Wednesday 19 <sup>th</sup>		Children back for new term
<b>MAY</b>		
Mon 29 <sup>th</sup> – Friday 2 <sup>nd</sup> June		Half Term - Holiday Club available
<b>JUNE</b>		
Monday 5 <sup>th</sup>		Children back following half term
<b>JULY</b>		
Wednesday 12 <sup>th</sup>	12 noon	Break up for Summer Holiday – Holiday Club available

## Term Dates 2022-23

### Autumn Term 2022

*Inset for Staff: Monday 5<sup>th</sup> & Tuesday 6<sup>th</sup> September*

**Term Begins:**

Wednesday 7<sup>th</sup> September

**Half Term:**

Monday 17<sup>th</sup> October – Friday 28<sup>th</sup> October

**Term Ends:**

Tuesday 13<sup>th</sup> December at midday after Christmas Nativity

### Spring Term 2023

*Inset for Staff: Tuesday 3<sup>rd</sup> & Wednesday 4<sup>th</sup> January*

**Term Begins:**

Thursday 5<sup>th</sup> January

**Half Term:**

Monday 13<sup>th</sup> – Friday 17<sup>th</sup> February

**Term Ends:**

Friday 24<sup>th</sup> March at midday

### Summer Term 2023

*Inset for Staff: Tuesday 18<sup>th</sup> April*

**Term Begins:**

Wednesday 19<sup>th</sup> April

Bank Holiday: Monday 1<sup>st</sup> May

**Half Term:**

Monday 29<sup>th</sup> May – Friday 2<sup>nd</sup> June

**Term Ends:**

Wednesday 12<sup>th</sup> July at midday

*N.B. Holiday Club is available at additional cost for childcare during the school holidays, ensuring childcare for 48 weeks a year. We are fully closed for 2 weeks at Christmas and 2 weeks at the end of the Summer break for deep cleaning.*